

This list of experiences, attributes, and metrics is representative of the criteria that is frequently used by universities and colleges which practice holistic admissions. It is not a checklist, and you are not expected to have every experience or attribute listed before you apply to nursing school.

Experiences

- Time spent in another country
- Community service
- Caregiving of a family member
- Leadership experience
- Experience with diverse or underrepresented populations
- Paid or volunteer healthcare experience
- Rural Resident
- Adversity (economic, educational, ethnic/cultural, family)
- First generation college student
- Underrepresented minority
- B/C grades while working full time caring for family
- Veteran status

Attributes

- Speaks one or more foreign languages
- Underrepresented in nursing
- Shows perseverance - ability to tolerate stress
- Ability to learn from experiences
- First generation college student
- Socioeconomic status
- Residency in a rural or impoverished community; health professions shortage area
- Commitment to social justice
- Values that align with the nursing profession
- Oral communication
- Written communication
- Motivational fit for the profession
- Older than 25

Metrics

- GPA in pre-requisite classes
- GPA in science courses
- Nursing admissions exam, if applicable