Mender Misghina

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Personal summary

Adept mental health nursing with in depth knowledge of principles, methods and procedures for diagnosis and treatment of behavioral health patients. Responsible, independent, team player who communicates well and is dedicated to improving the wellbeing of patients.

Licensure: Registered Nurse

Certification:

CPR-BLS

Experience:

Cascade behavioral health Tukwila, WA 12/19/2016-present

- Assist in developing appropriate treatment and rehabilitation plan for psychiatric patients and dual diagnosis patients.
- -Help diagnose mental health and emotional and substance use disorder patients.
- -Execute appropriate nursing assessment and mitigation strategies.
- -Administer medications in different routes to patients.
- -Assist nurses and MHT in milieu management and educate staff with deescalating techniques.
- -Admit and discharge patients accordingly.
- -Evaluate care plans and treatment plans to patients in collaboration with interdisciplinary teams,

Valley-Cities recovery place Kent 9/26/16 - 4/21/2017

- -Efficiently gather information from families and patients to help develop a treatment plan.
- -Document all patient's information including treatment plan, progress notes and discharge plan.
- -Conduct out-reach advocacy and discuss issues with patients to address their grievances and concerns,
- -Work in collaboration with patient's family and primary care providers in developing appropriate care plans.

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Kindred Acute Care Seattle WA 9/26/16 - 4/21/2017

- -Admit, assess, evaluate and treat patients and administer medications by mouth, IV,IM and Sub.Q
- -Discharge patients to long term care and rehab care as per PCP orders.

Leon Sullivan nursing home LTC Seattle WA 2/4/2009-3/2/2016

- -Assess, evaluate and treat patients based on their care plan
- -Develop appropriate care plan for every patient.
- -Administer medications to patient in different routes following the appropriate nursing skills.
- -Communicate to managers and providers regarding patient care and family concerns.
- -Participate in wound care committee and proactively educate other interdisciplinary team's
- -Educate CNA's and restorative aides about each patient's plan of care and assist them with execution.

Education and Training

RN, ADN South Seattle Community College 2014

LPN South Seattle Community College. 2008

Post graduate studies in Socio-Linguistics. University of CapeTown. South Africa 2001

Bachelor's in Social studies university of Asmara Eritrea 1998

Teaching Profession Taught Science and English to high school Grade 9-11 1993-1998 Asmara Eritrea