

# WHEN THE PPE COMES OFF



COULD  
YOU USE  
A HAND?

Are you a **Healthcare Provider** or **First Responder** affected by the impact of **COVID-19**? We may be able to help!

*You don't have to climb this mountain alone.*

For more information, or to make an appointment, reach out to  
[info@traumarecoverywa.org](mailto:info@traumarecoverywa.org)  
[www.traumarecoverywa.org](http://www.traumarecoverywa.org)



*The Trauma Recovery Network (TRN) of Western WA is a group of therapists specially trained to assist survivors of natural or man-made disasters recover from traumatic stress. Our network of therapists works to provide trauma specific treatment, EMDR, at no cost for up to three sessions.\* We are currently accepting healthcare providers and first responders impacted by COVID-19.*

TRN of Western Washington is connected to a larger organization, Trauma Recovery Humanitarian Assistance Program (HAP) Assistance Program. More information can be found at: [www.emdrhap.org](http://www.emdrhap.org)

\*some therapists may choose to provide more if the situation dictates.