



Washington Center for Nursing  
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**Connecting teens and preteens to nursing through hands-on education**

**Mission**

The Teen Nursing Academy is a program developed by the Washington Center of Nursing to in to introduce diverse, under-resourced, and rural (as well as urban) middle school students to careers in nursing by connecting them with nursing students and professionals through in-person, interactive, and fun learning activities that also educate them about health topics that add value to their lives.

**Teen Nursing Academy Essential Documents**

1. Effective Outreach Strategies for Introducing Middle School Students to Careers in Nursing research paper. (Development of the program was based off recommendations from this report.)  
[https://www.wcnursing.org/wp-content/uploads/documents/reports/2021-December\\_Introducing-Middle-School-Students-to-Nursing\\_FINAL.pdf](https://www.wcnursing.org/wp-content/uploads/documents/reports/2021-December_Introducing-Middle-School-Students-to-Nursing_FINAL.pdf)
2. Executive Summary of Outreach Strategies, [https://www.wcnursing.org/wp-content/uploads/documents/reports/2021-December\\_Summary-Doc\\_Introducing-Middle-School-Students-to-Nursing-FINAL.pdf](https://www.wcnursing.org/wp-content/uploads/documents/reports/2021-December_Summary-Doc_Introducing-Middle-School-Students-to-Nursing-FINAL.pdf)

**Current Lesson Plan Options**

1. What is Blood Pressure: What is it? How do we measure it? And why is it important?
2. PPE Relay: Personal Protective Equipment (PPE) Relay: What is PPE and why do nurses wear it?
3. **(In development) What are Opioids: How do they work? And how can we manage pain safely?**

**Year 1 (2024) Pilot with Green River and Highline College Nursing Program Nursing Students**

- Number of participating middle schools: **10**
- Number of participating middle school students: **2050**
- Number of participating nursing students: **49**
- Number of Community or pediatric clinical hours earned: **760**

**Who Did We Reach**

Table 1 school demographic numbers from <https://washingtonstatereportcard.ospi.k12.wa.us/>

Ethnicity	TNA Program	Approx # of Students	WA Population
African American/Black	11%	222	4.6%
American Indian	7%	147	2%
Asian	17%	358	10.5%
Hispanic	32%	654	14%
Pacific Islander	4%	86	.8%
White	19%	394	76.8%
Two or More Races	9%	191	5.3%

Low-Income	English Language Learners
<b>60%</b> 1,233 students	<b>27%</b> 554 students